

Prayer for the New Year 2024

Blessed be the past year, with all that we lived with and perhaps also suffered through.

Blessed be the new year, all the paths we take.

Blessed are the tasks we fulfil, blessed are our hopes and disappointments and our everyday lives.

May every day and every hour be blessed by the presence of God, who lovingly holds and shelters us.

Dear God, a new year has begun. I promise to do my best this year. But I need your help.

May I tell you what my wishes are, dear God?

I would like a new head.

I wanted to go through the wall too often with my previous one.

I have also let my head hang down many a time

Or I've even lost my head.

I would also like new eyes.

Because I have sometimes lost sight of important things.

I would like to see everything in bright colours again.

Maybe you have a new nose for me too.

I've turned up my nose too often or turned it up at others.

I keep sticking my nose into things that don't concern me, that aren't my business.

And, dear God, I would like to have a different tongue.

Sometimes I have a loose or angry, a sharp or a pointed tongue.

I would like a tongue that speaks a little more lovingly and positively.

I could even do with new ears.

Because I'm up to my ears in work and worries.

However, I would like to have an open ear for my fellow human beings,

but not turn my ears on too quickly.

And then my teeth, dear God.

I sometimes manage to grit my teeth.

I moan too often.

Sometimes I even have hair on my teeth.

And every now and then I have shown my teeth to others.

Above all, Lord, give me a loving and listening heart